

### Course Syllabus

1	<b>Course title</b>	Adult (1) Clinical Health Nursing
2	<b>Course number</b>	0702207
3	<b>Credit hours</b>	3 hours
	<b>Contact hours (theory, practical)</b>	Sunday, Tuesday, section (1): 8 am - 2 pm Monday, Wednesday section (2): 8 am- 2 pm
4	<b>Prerequisites/co-requisites</b>	Prerequisite:(0702107) &(0702204), Concurrent with (0702206)
5	<b>Program title</b>	B.Sc. in Nursing
6	<b>Program code</b>	07
7	<b>Awarding institution</b>	The University of Jordan
8	<b>School</b>	Nursing
9	<b>Department</b>	Clinical Nursing
10	<b>Course level</b>	2 <sup>nd</sup> year
11	<b>Year of study and semester (s)</b>	2022/2023 First semester
12	<b>Other department (s) involved in teaching the course</b>	None
13	<b>Main teaching language</b>	English
14	<b>Delivery method</b>	<input checked="" type="checkbox"/> Face to face learning <input type="checkbox"/> Blended <input type="checkbox"/> Fully online
15	<b>Online platforms(s)</b>	<input checked="" type="checkbox"/> Moodle <input checked="" type="checkbox"/> Microsoft Teams <input type="checkbox"/> Skype <input type="checkbox"/> Zoom <input type="checkbox"/> Others.....
16	<b>Issuing/Revision Date</b>	16/3/2023- Thursday

#### 17-Course Coordinator:

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**18-Other instructors:****Full timers:**

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**\*\*Name:** Rahaf Muath Subhi Eyadi:

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Contact hours: Monday: 1:30 to 2:30 pm

**\*\*Name:** Ahmad Rezq Ahmad Jaber

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Contact hours: Tuesday, 1:30 to 2:30 pm

**\*\*Name:** Elaf Mousa AL sholouh

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Email:

Contact hours: Wednesday, 1:30 to 2:30pm

**\*\*Name:** Shahd Mohammad Suod AL Sarhan

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Contact hours: Wednesday, 1:30 to 2:30 pm

**\*\*Name:** Benan Talal Kerdahji

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Email:

Contact hours: Wednesday, 1:30 to 2:30 pm

**\*\*Name:** Eman Abdullah Saliba Noor

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Contact hours: Tuesday, 1:30 to 2:30 pm

**\*\*Name:** Nadia Abdullah AL Haj Eid

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Contact hours: Wednesday, 1:30 to 2:30 pm

**\*\*Name:** Hammad Nedal Hammad AL Darabee'

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**Volunteers:**

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Email:

**\*\* Name:** Roa Al Dabbas

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**19 - Course Description:**

This course is designed to provide a guided nursing experience, knowledge, and skills essential in preparation of professional nurses who are responsible to provide safe nursing care of adult patients with medical and surgical health conditions. It focuses on the biopsychic-social responses of adults to actual and high-risk conditions that affect their functional health patterns. This course provides the student with the practical experiences in the clinical settings to deliver nursing care for adult patients with altered functional health patterns while applying safely precautions that aims to prevent risk exposure to infections and limit contamination. The nursing process will be utilized as a framework for care for the individuals and their families. This course aims at developing the decision-making and problem-solving skills and linking theory to practice.

## 20-Course outline and outcomes:

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A- Aims: This course is designed to provide a guided nursing experience, knowledge and skills which are essential in the process of preparing professional nurses who are accountable to provide nursing care of adult patients with medical and surgical health conditions in a safe manner.

B-Course Intended Learning Outcomes (CILOs):

Upon successful completion of this course, students will be able to achieve the following Program and Course Intended Learning Outcomes

SLOs SLOs of the course	SLO (1)	SLO (2)	SLO (3)	SLO (4)
1- Demonstrate competency in performing and providing the role of a professional nurse in quality care provision for individuals, families, and groups.	Demonstrate nursing procedures safely, effectively and systematically to promote quality nursing care.	Apply nursing assessment skills for variable adult health conditions to promote quality nursing care.	Apply safe and effective planned nursing care which meets client health needs utilizing the nursing care plan as a framework.	
2-Apply principles of effective communication with peers, individuals, families, groups, and health care team.	Collaborate and communicate with clients, families and health care providers to enhance client's health outcomes.	Build health education for clients and their families according to their needs.	Build a collaborative and therapeutic relationship with patient and family / instructor and colleagues.	
3- Utilize critical thinking and problem solving in planning and implementing nursing care for individuals, families and groups.	Formulate nursing care plan adapted to encountered medical and surgical cases benefiting from the parallel theoretical backgrounds (e.g., pharma, adult 1 theory, physical exam, path physiology).	Demonstrate effectively different nursing skills depending on procedure manual.	Combine critical thinking and problem solving approach in nursing care for clients with different health problems.	Interpret normal and abnormal ECG (basic changes) for clients.
4- Apply professional standards, values and behaviours in providing nursing care for individuals, families and groups.	Collaborate and communicate with clients, families and health care providers to enhance client's health outcomes.	Adapt daily clinical practices with the Jordanian legislations and the code of nursing ethics to promote professional behaviour.	Show professional behavior in dealing with client, their families' instructor, and health team members.	
6- Translate organizational, leadership, inter-professional collaboration, and management concepts into nursing care for individuals, families, and groups.	Integrate the concepts of wellness and health promotion in the daily clinical practice.	Build health education for clients and their families according to their needs.	Adapt clinical training with hospital policies and Jordanian nurses' code of ethics in variance clinical setting.	
7- Utilize evidence based practice in providing care for individuals, families and groups.	Integrate the concepts of wellness and health promotion in the daily clinical practice.	Formulate nursing care plan adapted to the encountered medical and surgical cases	Demonstrate nursing procedures (e.g. wound irrigation, blood sampling, and cannula insertion) safely,	





1	Orientation program at the faculty of nursing	SLO 1,3,5,6	Face to Face			Final exam Evaluation Oral exam Log Quiz	Hinkle, J., & Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.). Philadelphia, PA.: Lippincott,
	(ECG) Basic	SLO 1,3,5,6	Face to Face			Same	Hinkle, J., & Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.). Philadelphia, PA.: Lippincott.
	Infection control and the application of four biosafety levels.	SLO 1,2,3,5,6 &7	Face to Face			Same	Hinkle, J., & Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.). Philadelphia, PA.: Lippincott.
2	Oxygen Therapy	SLO 1,2,3,5,6 &7	Face to Face			Same	Hinkle, J., & Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.). Philadelphia, PA.: Lippincott.
	Nursing care plan	SLO 1,2,3&5	Face to Face			Same	Hinkle, J., & Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.). Philadelphia, PA.: Lippincott.
	IV Fluids and IV Care and medication calculation.  The application of the four levels of biosafety according to the WHO recommendation	SLO 1,2,3,5,6 &7	Face to Face			Same	Hinkle, J., & Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.). Philadelphia, PA.: Lippincott.

	Orientation to clinical area. -Review of Evaluation forms. Documentation system (papers, computerized, card). (Medical waste management, hand washing, isolation types (preventive and protective). isolation precautions).	SLO 1,2,3,4,5,6 &7	Face to Face			Same	Hinkle, J., & Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.).Philadelphia, PA.: Lippincott.
3	Vital signs, bed making (routine). Handle one patient for each student: Patient interview (Handle NCP: admission, subjective data, objective data, diagnostic sheet and medication sheet).	SLO 1,2,3,4,5,6&7	Face to Face			Same	Hinkle, J., & Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.).Philadelphia, PA.: Lippincott.
	Skin physical exam: (assessment of common sites for skin color changes : pallor, jaundice, cyanosis and capillary refill and profile sign)	SLO 1,2,3,4,5, 6 &7	Face to Face			Same	Hinkle, J., & Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.).Philadelphia, PA.: Lippincott.
	Provide care for patient with Diabetes: "hyperglycemia and hypoglycemia management". <b>Wound care/dressing</b>	SLO 1,2,3,5,6	Face to Face			Same	Hinkle, J., & Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.).Philadelphia, PA.: Lippincott.
4	-IV care, IV fluids types, intake and output calculation &documentation, bed making, vital sign (routine).	SLO 1,2,3,4,5,6&7	Face to Face			Same	Hinkle, J., & Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.).Philadelphia, PA.: Lippincott.

	Preoperative and postoperative Care. -Wound care and dressing, Drains types and care. -Medication preparation and administration. -Post conference meeting according to group need. (Case discussion according to nursing process). -Procedure manual application. Drains: positive pressure, and negative pressure  Respiratory physical review	SLO 1,2,3,4,5,6&7	Face to Face			Same	Hinkle, J., & Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.).Philadelphia, PA.: Lippincott.
	*Asthma, ** Diabetic foot ulcer care	SLO 1,2,3,4,5,6&7	Face to Face			Same	Hinkle, J., & Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.).Philadelphia, PA.: Lippincott.
5	Abdomen and cardiovascular physical exam ( <i>review and application</i> ).  -Blood sampling & lab results for diagnostic tests : CBC, KFT, LFT, Cardiac enzymes, Coagulation profile, lipid profile different tubes, interpretation terminology and nursing implication Medication preparation and	SLO 1,2,3,4,5,6&7	Face to Face			Same	Hinkle, J., & Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.).Philadelphia, PA.: Lippincott.

	<p>administration</p> <p>-Procedure manual application</p> <p>-Post conference meeting (Case discussion).</p> <p>-submission of weekly objectives</p>					
	<p>Management of patient with oncology disorder( leukemia )*</p> <p>Provide preoperative and postoperative care for dominating surgical cases** (surgical cases include but not limited to: appendicitis, cholecystitis, colilithiasis; Hernia, Hemorrhoids, abscess, cellulites, deep venous thrombosis, venous ulcers, diabetic foot ulcers, and peptic ulcer**)</p>	<p>SLO</p> <p>1,2,3,4,5,6&amp;7</p>	<p>Face to Face</p>		<p>Same</p>	<p>Hinkle, J., &amp; Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.).Philadelphia, PA.: Lippincott.</p>
6	<p>Case discussion about Hypertension / hypotension *</p> <p>Provide nursing care for patient with cancer (colon, breast) &amp; Low immunity patient's care. Hip and Knee surgery.</p>	<p>SLO</p> <p>1,2,3,4,5,6&amp;7</p>	<p>Face to Face</p>		<p>Same</p>	<p>Hinkle, J., &amp; Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.).Philadelphia, PA.: Lippincott.</p>
	<p>-IV care, IV fluids, intake and output calculation &amp;documentation, bed making, vital sign (routine).</p> <p>Practice of physical exam techniques.</p> <p>-Medication</p>	<p>SLO</p> <p>1,2,3,4,5,6&amp;7</p>	<p>Face to Face</p>		<p>Same</p>	<p>Hinkle, J., &amp; Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.).Philadelphia, PA.: Lippincott.</p>

	preparation and administration. -Submit skills checklist						
	Handle one patient for each student: (problem focused NCP: full NCP). Submission due date, next week.	SLO 1,2,3,4,5,6&7	Face to Face			Same	Hinkle, J., & Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.).Philadelphia, PA.: Lippincott.
7	- <b>Submission of log.</b>  -IV care, IV fluids, intake and output calculation &documentation, bed making, vital sign (routine). Provide care for patient with hematological condition (anemia).  Prevention of: falling down, pressure ulcers, thrombosis and bleeding.	SLO 1,2,3,4,5,6&7	Face to Face			Same	Hinkle, J., & Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.).Philadelphia, PA.: Lippincott.
	Evaluate students' skill part at this point. Pay attention to safety points. Evaluate student's overall performance level out of (15).  -Instructors note: - Please, give final feedback for students about performance level	SLO 1,2,3,4,5,6&7	Face to Face			Evaluation	Hinkle, J., & Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.).Philadelphia, PA.: Lippincott.
8	-Orientation to clinical area. -Vital signs, bed making (routine). -handle one patient for each student: (NCP: case	SLO 1,2,3,4,5,6&7	Face to Face			Evaluation  Oral exam  Written exam log	Hinkle, J., & Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.).Philadelphia, PA.: Lippincott.

	<p>discussion according to nursing process at bed side, (problem focused)</p> <p>-Pain assessment and management OLDCARTS</p> <p>-Procedure manual application.</p>					
	<p>Apply following topics:</p> <p>-Hypertension/ Hypotension*</p> <p>-Wound Care and dressing**</p> <p>- Chest infection /COPD/Asthma*.</p> <p>- Renal problems care: urinary tract infection and renal stones</p> <p>-Respiratory physical exam review*</p>	<p>SLO</p> <p>1,2,3,4,5, 6&amp;7</p>	<p>Face to Face</p>			<p>Same</p> <p>Hinkle, J., &amp; Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.).Philadelphia, PA.: Lippincott.</p>
9	<p>Preoperative and post-operative care for dominating surgical cases **</p> <p>Drains **</p> <p>Help patients with self-care activities</p>	<p>SLO</p> <p>1,2,3,4,5, 6&amp;7</p>	<p>Face to Face</p>			<p>Same</p> <p>Hinkle, J., &amp; Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.).Philadelphia, PA.: Lippincott.</p>
	<p>Cardiovascular physical exam review*</p>	<p>SLO</p> <p>1,2,3,4,5, 6&amp;7</p>	<p>Face to Face</p>			<p>Same</p> <p>Hinkle, J., &amp; Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.).Philadelphia, PA.: Lippincott.</p>
10	<p>Abdomen exam review**</p> <p>IV care, IV fluids, intake and output calculation</p>	<p>SLO1,2,3 &amp;5</p>	<p>Face to Face</p>			<p>Same</p> <p>Hinkle, J., &amp; Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing</p>

	&documentation, bed making, vital sign (routine), medication preparation						(14th. Ed.).Philadelphia, PA.: Lippincott.
	IV care, IV fluids, intake and output calculation &documentation, bed making, vital sign (routine), medication preparation.	SLO1,2, 3&5	Face to Face			Same	Hinkle, J., & Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.).Philadelphia, PA.: Lippincott.
11	Provide preoperative and postoperative care for dominating surgical cases** (surgical cases include but not limited to: appendicitis, cholecystitis, cololithiasis; Hernia, Hemorrhoids, abscess, cellulites, deep venous thrombosis, venous ulcers, diabetic foot ulcers, and peptic ulcer**)  Management of patient with low immunity)*  Colon cancer  Breast cancer  Death and dying and end of life care debrief	SLO1,2, 3&5	<b>Face to Face</b>			Same	Hinkle, J., & Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing (14th. Ed.).Philadelphia, PA.: Lippincott.
12	<b>Submit 2<sup>nd</sup> log</b> IV care, IV fluids, intake and output calculation &documentation, bed making, vital sign	SLO 1,2,3,4,5, 6&7	Face to Face			Same	Hinkle, J., & Cheever, K. (2018). Brunner and Suddarth's textbook of medical surgical nursing

	(routine) Blood transfusion protocol Hypothyroidism and hyperthyroidism nursing management					(14th. Ed.).Philadelphia, PA.: Lippincott.
	Oral exam	SLO 1,2,3,4,5, 6	Face to Face			Oral exam (20) Start Mid May
13	Oral exam	SLO 1,2,3,4,5, 6&7	Face to Face			Oral exam (20) to End May
14	Final exam	SLO 1,2,3,4,5, 6&7	Face to Face			Final exam (40)  Monday, 5/6/2023

## 22- Evaluation Methods:

Opportunities to demonstrate achievement of the SLOs are provided through the following assessment methods and requirements:

Evaluation Activity	Mark	Topic(s)	SLOs	Period (Week)	Platform
Evaluation of first rotation + log (week7)	10+5=15		1,2,3,4,5,6&7	Week#7	paper
Orientation quiz (16/March/2023)	10		1,2,3,4		Computer based/Student.com



Evaluation of 2 <sup>nd</sup> rotation+ log (week12)	10+5=15		1,2,3,4,5,6&7	Week #12	Paper
Final Oral Clinical exam (Last 2weeks/May)	20		1,2,3,4,5,6&7	Week #13&14	Teacher is the examiner
Final written exam (5,June/2023)	40		1,2,3,5,6&7	Week #15	Computer based

### 23-Course Requirements

(e.g: students should have a computer, internet connection, webcam, account on a specific software/platform...etc):

1. Students should have a computer internet connection, web camera, and account on Microsoft teams, active university e-mail and active in E-Learning.
2. Should have note book, pen, stethoscope, pen light and course papers).
3. Commitment to safety measures as prescribed in training rules and regulations).
4. Face shield /mask / overshoes /scrap/gloves /hygiene gel.
5. Regular attendance to E-Learning and Microsoft teams.
6. All these safety measures mentioned in the clinical training rules and regulations.

### 24- Course Policies:

#### A- Attendance policies:

- Students must attend all classes of this course.
- Any student with absence of 15% of the classes of any course, will not be allowed to sit for the final exam and will be given the university zero (F grade) in this course.( **15% of actual clinical encounters including the orientation two weeks will be four absences only**).
- In the case (b) above, if a student submits an official sick report authenticated by university clinic or an accepted excuse by the Dean of his/her faculty, the student will be considered as withdrawn from the course, and a "W" will be shown in the transcript for this course.
- Students are not allowed to come late to classes. Any student coming late will not be allowed to attend the class and he/she will be marked absent.

#### B- Absences from exams and submitting assignments on time:

- Failure in attending a course exam other than the final exam will result in zero mark unless the student provides an official acceptable excuse to the instructor who approves a make-up exam.
- Failure in attending the final exam will result in zero mark unless the student presents an official acceptable excuse to the Dean of his/her faculty who approves an incomplete exam, normally scheduled to be conducted during the first two weeks of the successive semester.
- Assignments and projects should be submitted to the instructor on the due date.

#### C- Health and safety procedures:

- Students should comply with the Faculty of Nursing policies regarding pre-hospital training immunizations. Students should comply with the training areas policies regarding infection control, general precautions, and patient isolation.
- Students will follow all instructions and safety precautions against corona virus disease (Covid19) at hospitals, health centers and laboratories explained and emphasized to students before the start of their clinical training.
- All necessary preventive measures were explained in the orientation program and supplementary materials, lectures, manuals, and instructions were made available on the e-learning.  
Some measures include, but not limited to:
  - 1- social distancing
  - 2- avoid hugging, and kissing and crowded spots
  - 3- Install Amman Application to their phones
  - 4- Wear personal protective devices like: face shields, gloves and masks.

**D- Honesty policy regarding cheating, plagiarism, misbehavior:**

- Copying from another student's work.
- Using materials not authorized by the institute.
- Collaborating with another student during a test, without permission.
- Knowingly using, buying, selling, or stealing the contents of a test.
- Plagiarism which means presenting another person's work or ideas as one's own, without attribution. Using any media (including mobiles) during the exam.

☐ **The participation or the commitment of cheating will lead to applying penalties according to the University of Jordan Students' Discipline rules and regulations No. (94, 49, 47,27, 29):**

<http://units.ju.edu.jo/ar/LegalAffairs/Regulations.aspx>

**E- Grading policy:**

- Grade of (D) is the minimum passing grade for the course.
- The passing score will be 50%.
- (D-) upper limit will be 49.
- The grades will be distributed according to the average measure.

**F- Available university services that support achievement in the course:**

- E-learning
- School of Nursing labs
- University web site
- Microsoft teams
- Data bases and electronic journals
- Library books

**25- References:**

**A- Required book(s), assigned reading and audio-visuals:**

Smeltzer, S., & Bare, B., Hinkle, J., & Cheever, K. (2019). Brunner and Suddarth's textbook of medical surgical nursing (14th Ed.). Philadelphia, PA: Lippincott.

**B- Recommended books, materials, and media:**

- Sandra F. Smith, Donna J. Duell, et al. (Feb 6, 2016). Clinical Nursing Skills: Basic to Advanced Skills (9th Edition). Pearson Education LTD.

- Carolyn Jarvis. (April, 2019).Pocket Companion (JARVIS): Physical examination and Health Assessment. 8<sup>th</sup> edition. Elsevier.
- Linda Skidmore-Roth. (5, 2019). Mosby's Drug Guide for Nursing Students with 2020 Update, 13th Edition. Elsevier.

## 26- Additional information:

There are special scoring instructions attached to each evaluation method in the course. All have been explained in detail to the students in the orientation time. For further details refer to your clinical instructor as soon as possible for more explanations.

Name of Course Coordinator: ----Reem Ahmad Jarrad-----Signature: --*Reem*--- Date: 18/3/2023

Head of Curriculum Committee/Department: ----- Signature: -----

Head of Department: ----- Dr. Zyad Saleh ----- Signature: ----- Dr. Zyad Saleh -

Head of Curriculum Committee/Faculty: ----- Signature: -----

Dean: ----- Signature: -----